



GRASSROOTS
EXPEDITION



Discover Corps
Unforgettable Vacations With Purpose



PERU: CHILDREN OF THE ANDES



MEMORABLE MOMENTS

- **Volunteer to improve the education of local Peruvian children**
- **Explore the world famous Inca ruins of Machu Picchu**
- **Partake in a traditional ceremony with a Peruvian shaman**
- **Live in a 100-year-old hacienda set amongst the soaring peaks of the Andes**
- **Visit the beautiful Rainbow Mountain on our post-trip extension**

*Explore Iconic Incan Ruins
and Work with Local
Peruvian Children on this
Volunteer Vacation*

TRIP AT A GLANCE

10 DAYS / 9 NIGHTS

PHYSICAL DEMAND

Moderate

GROUP SIZE

Average 8, Maximum 12

LODGING

Standard



GRASSROOTS
EXPEDITION



CUSCO

DAY 1 - Touch down in Cusco, meet your Discover Corps Group, and stroll around the city

ANDAHUAYLILAS

DAY 2 - Explore the Incan ruins in the area around Cusco, take a tour of this historic city, and drive to Andahuaylillas

DAY 3 - Get acquainted with our volunteer program

DAY 4 - Begin volunteering and learn to make traditional Peruvian dolls

DAY 5 - Visit an all boys home and experience a shamanic ritual

DAY 6 - Visit the Q'ewar project in Andahuaylillas and volunteer with the kids

DAY 7 - Visit the homes of local women and finish our volunteer project

DAY 8 - Experience a full day immersed in the Sacred Valley

DAY 9 - Visit Incredible Machu Picchu

CUSCO

DAY 10 - Return home or continue to Rainbow Mountain on an extension

RAINBOW MOUNTAIN (OPTIONAL EXTENSION)

Day 10 - Venture to the beautiful Maras Salt Mines set in the Sacred Valley and learn from the locals how they harvest salt

DAY 11 - Experience a day trip to the breathtaking Rainbow Mountain

DAY 12 - Depart for home

PERU: CHILDREN OF THE ANDES

OUR PURPOSE

In the small towns outside of Cusco, education hasn't always been the norm, and cultural interaction is only made possible by those who choose to visit these small villages. Despite the challenges facing these rural communities, children are eager to attend school and take part in exchanges of friendship with travelers. Through enrichment activities and games, lend a hand at an informal after-school program for four days during your experience. Whether it's helping with homework, enjoying a day by the river, engaging the students in games like sack races, soccer, and kite flying, this will be a memorable experience for both you and the children of the local community.

In the heart of the Peruvian Andes is the town of Cusco, where remnants of a well-preserved historic civilization are abundant and Peruvian culture is alive and well. The famous Inca Trail winds through valleys and mountain passes, while the villages outside Cusco are home to the Quechua people, whose traditions and language are a strong cultural force in Peru. We'll dive into Quechua culture, learning to make traditional dolls, partaking in a ceremony with a Peruvian shaman, and visiting archaeological sites in the Sacred Valley, as well as the famed Machu Picchu.





HIGHLIGHTS



LEND A HAND TO DIFFERENT NONPROFIT ORGANIZATIONS

In the afternoons, we will visit dynamic nonprofit organizations that are working on various social issues in the region. We'll engage local children in activities such as soccer, help with English homework, and even take part in cooking classes. Another afternoon, we'll meet with women's groups and make traditional dolls (part of the *Q'ewar Project*), using the colorful fabrics that Peru is famous for. You'll also get the chance to try out traditional Andean dance.



MACHU PICCHU

Peru's most iconic attraction, and perhaps the most famous archaeological site in all of South America, Machu Picchu is unforgettable. In the 15th century this was a thriving city; today, the shape of the town can be made out by the famous stone walls, which stagger in terraces down a steep mountain side. Chief among Machu Picchu's famous structures is Intihuatana, a stone structure thought to be some kind of astronomic clock or sundial.



CUSCO

The former capital of the Inca Empire, Cusco's importance remains today as the gateway to the area's rich history and thriving modern culture. Today it's a beautiful city which serves as a fascinating snapshot of both Incan and more recent history. Nowhere is this more clear than the site of Quirkancha, Incan ruins which later formed the foundations of Santo Domingo, a Spanish colonial church. For an in-depth look into the Incas, head to Museo Inka.



RAINBOW MOUNTAIN (EXTENSION ONLY)

Vinicunca, or Montaña de Siete Colores (Mountain of Seven Colors), is an excursion for the adventurous. Three-hours from Cusco and a 45 minute horseback ride to the trailhead, the journey is as unique as the destination. The mountains' colors were formed when the ice caps melted and the water mixed with minerals in the ground - red because of rust mixtures, yellow due to iron sulphide, purple from goethite, and green from chlorite.



ITINERARY

DAY 1: Arrive in Cusco and Enjoy a Welcome Dinner

Arriving in Cusco, you'll be met by a member of our staff before heading through the mountains to our hotel in Cusco for the evening. After a delicious welcome dinner, we'll stroll around the surrounding streets to view the city at night. *(L,D)*

DAY 2: Tour the Inca Ruins and the City of Cusco

After breakfast we'll enjoy a tour of the Inca ruins around Cusco, some of the oldest in Peru; these include Sacsayhuaman, Pucapucara, Qenqo, and Tambomachay. After exploring the ruins and surrounding countryside, we'll take a tour of the city's most important sites: the Cathedral, San Blas Church, and Koricancha, the Inca Temple of the Sun. Afterwards, enjoy a traditional lunch. We'll then head to our home for the week in the quaint village of Andahuaylillas and stay in a century-old hacienda, set in a valley hemmed in by the Andes Mountains. *(B,L,D)*

DAY 3: Introduction to the Local Community and Children

This morning we'll take a tour of the area's historic cathedrals before an introduction to a local after-school program, which is "home" to children between the ages of 7-12. Our purpose here is to build bridges of friendship and cultural interaction through arts & crafts, games, and by helping with English homework. This afternoon, we'll learn the secrets of Peruvian cuisine at a cooking demonstration. *(B,L,D)*

DAY 4: Make Traditional Peruvian Dolls and Begin Teaching

After breakfast, we'll enjoy a workshop with a group of women from the community who make dolls utilizing local textiles and colorful Peruvian fabrics. These women have been carrying on the tradition through the years and will show you how to make your own doll. This afternoon we'll continue our time with the after-school program in the small village of Andahuaylillas participating in either a sack race, kite flying, soccer game, or whatever else may be on their minds! *(B,L,D)*

DAY 5: Experience a Traditional Shaman Ceremony and Visit an All-Boys Orphanage

This morning will be one to remember as we attend a traditional shamanic ceremony and make offerings to Mother Earth, or *Pachamama*. Afterwards, venture 30 minutes outside of our hacienda to visit an all-boys orphanage and play sports and continue cultural interaction - a benefit that we have found goes beyond teaching. *(B,L,D)*





DAY 6: Visit the Q'ewar Project in Andahuaylillas

Today we visit the Q'ewar Project, which works to empower the community of Andahuaylillas through doll making and jewelry making. We'll take a tour of the premises, which include a preschool, volunteer housing, ceramic studio, doll making studios and gardens. You will see firsthand how the local women sew, knit, stuff and dress the dolls, which are eventually sold overseas, and even try your hand at jewelry making with a professional silversmith! (B,L,D)

DAY 7: Visit the Home of a Local Family

Today we'll visit the homes of the women from the Q'ewar Project and experience life in this rural region. Depending on their needs, we may also help out on a small project here. This afternoon sees our final volunteering session at the after-school program, before we enjoy dinner at the hacienda with the students who we have come to know quite well! (B,L,D)



DAY 8: Experience the Sacred Valley

The gorgeous Río Urumbamba Valley, known as the Sacred Valley to most, is a beautiful area dotted with colonial towns, weaving villages, and condors flying above. Enjoy a full guided tour of the valley and explore its colorful markets, Inca citadels of Pisac and Ollantaytambo, and so much more. (B,L,D)

DAY 9: Explore Machu Picchu

An early-morning train (as early as 3:30am) takes us through the mountains and to the famous Inca ruins of Machu Picchu, where we'll spend the mid-morning marveling at this iconic archaeological masterpiece before a lunch in Aguas Calientes. Later in the afternoon, we will take the train back for our final dinner in Cusco. (B,L,D)

DAY 10: Return Home or Continue On the Rainbow Mountain Extension

If you're leaving us here then we'll say our goodbyes and return you to the airport for your flight home. Otherwise, continue to Salt Mines of Maras, Rainbow Mountain, and more on our optional extension (next page) (B)





RAINBOW MOUNTAIN (OPTIONAL EXTENSION)



DAY 10: Visit the Salt Mines of Maras

This morning we'll visit the Salt Mines of Maras, a picturesque landscape of white rectangles draped over the hills for miles. These mines were created by the Inca 2,000 years ago; however the harvesting of the salt has not changed much over the years. Learn from locals how these pools work to create the salt and how the salt is gathered before exploring your own way through these photogenic channels. Head back to Cusco around 2pm for free time to enjoy the city. (B,L,D)

DAY 11: Journey to Rainbow Mountain

Today we'll start the morning early with a 3:30am pickup and embark on an adventurous six-mile journey by horseback to the gorgeous Montaña de Siete Colores most famously known as Rainbow Mountain. Marvel at the untouched desert landscapes, countless alpaca herds, and snow capped mountains along the way. (B,L,D)

DAY 12: Return Home

Today sees the end of our Peruvian adventure, and we'll say our goodbyes before transferring you to the airport for your flight home. (B)



Standard Lodging

Stay in a 100-year-old hacienda located in the heart of a quaint Andean village, Andahuaylillas, just outside Cusco. Set amid the soaring Andes Mountains, the hacienda is complete with vegetable gardens (which we use for meals), peaceful nooks to read and relax in, and a fire pit for evening relaxation. Our in-house cook will prepare authentic Peruvian cuisine, which is among the most diverse and delicious in the world. Be ready for a culinary adventure - you won't be disappointed!





PERU: CHILDREN OF THE ANDES

10 DAYS / 9 NIGHTS

DATE	ADULT	CHILD
February 18-27, 2024 STS	\$4,195	\$3,995
March 24-April 2, 2024	\$4,195	\$3,995
May 19-28, 2024	\$4,195	\$3,995
June 30-July 9, 2024	\$4,195	\$3,995
August 11-20, 2024	\$4,195	\$3,995
September 1-10, 2024	\$4,195	\$3,995
Dec 26, 2024-Jan 4, 2025	\$4,195	\$3,995

OPTIONAL EXTENSION	\$895	\$795
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The above prices reflect the price of double occupancy. Single Room Supplements (SRS) are \$450 per person for the main itinerary, and \$250 for the extension. You are required to pay the SRS fee for the extension if we cannot find you a suitable roommate.

STS = Solo Traveler Savings. If you would like your own room, you will not have to pay the \$450 supplement fee on the marked STS dates

WHAT'S INCLUDED

- 9 night stay in standard level lodging
- All meals throughout the trip
- English-speaking local guides that are there to support, guide, and inform you throughout the trip
- Admissions and entrance fees to national parks, historic sites and other scheduled events throughout the trip
- All in-country transportation
- \$50,000 emergency medical evacuation insurance
- Turnkey customer support from preparing for your trip to arrival back home, including a 24-hour emergency hotline

WHAT'S NOT INCLUDED

- International airfare
- Alcoholic beverages
- Tips for Discover Corps guide and driver
- Laundry, phone, and Internet

RESERVE YOUR TRIP TODAY

Trips are limited to 12 travelers and do fill. Reserving a trip with Discover Corps is easy. Simply visit our website and fill out the online registration form and pay a \$365 deposit and \$30 non-refundable booking fee per person. If you have any questions or would like to speak to a Travel Specialist, call/text us at (619) 758-3030 or e-mail us at info@discovercorps.com

RETURNING ALUMNI?

We like to reward those who travel with us again and again. Enjoy a \$250 discount off our trip if you are a returning Discover Corps traveler.

CUSTOM GROUPS?

Have a group of 6 or more? We can operate a trip for your group. Whether it's a family reunion, corporate group, alumni association or a professional or student organization, we'll make it easy and turnkey for your group to have an incredible experience.

MONTHLY PAYMENT PLANS AVAILABLE

Discover Corps offers monthly payment plan options for all of our trips. Contact us anytime, before or after booking, to sign up for a monthly payment plan or with any questions:

Call/Text: 619-758-3030 Email: info@discovercorps.com

THE FINE PRINT

Child prices apply to those 16 years younger sharing a room with an adult.

Although unlikely, prices, dates, and accommodations subject to change with a 60 day notice from Discover Corps.

(B, L, D): Breakfast, Lunch Dinner

Dates don't work? Contact us about adding a new date for the trip.



Our Mission

The mission of Discover Corps is to inspire travelers to become advocates for our planet's natural wonders, cultural treasures, and local communities through immersive and sustainable travel experiences.

OUR DESTINATIONS

ALASKA	JAPAN
AUSTRALIA	KENYA
BELIZE	MEXICO
BHUTAN	PERU
COSTA RICA	SOUTH AFRICA
CUBA	TANZANIA
DOMINICAN REPUBLIC	THAILAND
EGYPT	UGANDA
GALÁPAGOS ISLANDS	



FAMILY FRIENDLY • SMALL GROUPS • POSITIVE LOCAL IMPACT • DISTINCTIVE LODGING • HANDPICKED GUIDES



Discover Corps
Unforgettable Vacations With Purpose

Visit discovercorps.com/register to place a \$395 deposit down to hold your space, or reach out to us at the contact information below with questions.

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