



COSTA RICA: ECO RAINFOREST ADVENTURE



MEMORABLE MOMENTS

- Partner with a local organization to plant native trees to protect against flooding along the Savegre River
- Follow the coffee bean from crop to cup and learn what it takes to grow, roast, and sell these beans from a local farmer
- Visit Poas Volcano National Park and hike along the rim of the volcano, looking into its smoldering crater
- Lend a hand with a local organization and set camera traps to record the movement of wildlife, including the endangered tapir
- Experience one of Earth's most unique places the Southern Pacific Coast of Costa Rica

Track and record
wildlife movement,
learn from the local
community, and
explore the incredible
Costa Rican rainforest

TRIP AT A GLANCE

8 Days / 7 Nights

GROUP SIZE

LODGING

PHYSICAL DEMAND Medium

ALAJUELA

DAY 1 - Arrive and head to your jungle oasis for a welcome dinner. Enjoy free time to explore the property (and its many waterfalls!)

DAY 2 - Visit a local coffee farm and a guided tour of the Poas Volcano crater

SAVEGRE REGION

DAY 3 - Explore your luxury tents before participating in a local camera-trapping project to protect the vulnerable tapir

DAY 4 - Choose an adventure activity or day to relax before lunch at a local family's home and planting trees in the afternoon

UVITA

DAY 5 - Collect your camera traps and analyze the footage collected. Visit a local high school for a dance performance and tour before the drive to Uvita

DAY 6 - Enjoy a relaxing tour of the Terraba Sierpe mangroves to spot birds, monkeys & crocodiles with your expert guide

DAY 7 - Choose between a guided walk to the whale tail or optional zip-lining during a free day of exploration.

DAY 8 - Return home



COSTA RICA: ECO RAINFOREST ADVENTURE

OUR PURPOSE

The Southern Pacific Coast of Costa Rica, where you will find the Osa Peninsula, is home to 2.5% of the world's biodiversity and 50% of Costa Rica's wildlife, making this one of the most biologically intense places on earth. The rainforest is thriving with life, from healthy trees to colorful birds to the endangered tapir, making the conservation efforts of this region extremely important.

Be a part of the sustainability movement by engaging with two local organizations. Lend a hand planting trees to prevent flooding on the river, a natural barrier that can help regenerate the rainforest, setting up camera traps to record wildlife data, visiting a local family's home, learning from local farmers, and discussing life in Costa Rica over a home-cooked dinner with a local mother. Your efforts are a part of larger initiatives that work to help create market incentives to protect the land from development.

Hike along Poas Volcano crater, explore the many waterfalls of the region, swim in the clear blue waters, and relax in your luxury tented camps. For the adventurous types, choose to go horseback riding or ziplining during a bit of free time!).



HIGHLIGHTS



SAVEGRE TAPIR PROJECT

The Savegre region is known for its pristine jungle, home to lush green plans and an abundance of wildlife, including the endangered tapir. Learn about your lodge's ecological mission to preserve this region and then participate in setting up camera traps to record the movement of the wildlife along this biological corridor. At the end of your stay, collect your camera traps and analyze the data and photos of the different animals you see. This data will be used as part of a larger project aims to protect this area from development.



Terraba Sierpe Mangroves

Adjacent to Corcovado National Park is one of the most unique places on the planet, the Terraba Sierpe Mangrove System. One of the largest wetland systems in Central America, Terraba Sierpe has it all. Journey through the calm waterways of the mangroves, scouting for monkeys, snakes, macaws & crocodiles in the surrounding rainforest. Experience a full tour with a naturalist to spot not only wildlife, but learn more about this region and the conservation taking place to protect it.



LEARN HOW COFFEE IS MADE AT A LOCAL FARM

Follow a coffee bean from crop to cup and learn what it takes to grow, roast, and sell these beans. Coffee is one of Costa Rica's largest exports, so it is incredibly important to the farmers who have dedicated their life to the trade. Meet a local farmer to learn more about the entire process (while trying some fresh coffee along the way). With the gorgeous San Jose Valley as your backdrop, keep an eye out for wildlife in the trees above.



RAFIKI TENTED SAFARI LODGE

Nestled on 842 acres of private jungle, this lodge is something you usually find in the African Savannah; however with a very different view! Each tent offers a veranda overlooking the dense jungle canopy, making where you sleep just as much an experience as the trip itself. Fall asleep to the sounds of the forest and the swaying of trees just outside your tent. Learn more on page 5 below.

ITINERARY

DAY 1: Arrive in San Jose

Arrive in Costa Rica's tropical San Jose Valley where you will be met by your Discover Corps guide. Take a short drive into the surrounding mountains to an eco-hotel & spa tucked into a rainforest reserve. Home to five waterfalls directly on the property and miles of trails for birdwatching, this is the perfect place to start the journey. Tonight, enjoy a traditional welcome dinner overlooking the twinkling lights of the valley with your guide. (D)

DAY 2: Coffee Farm Visit and Poas Volcano National Park

We'll start the day with a fresh breakfast then venture to a nearby coffee farm to see firsthand how one of Costa Rica's largest exports is grown. Follow the coffee bean from crop to cup and learn what it takes to grow, roast and sell these beans. We'll then continue our adventure to Poas Volcano National Park and take a short guided hike along the rim of the volcano and have a look into its smoldering crater. After a relaxing lunch in town, head back to the hotel for some free time to explore one of the five waterfall trails, take in the views from the pool or even get a massage in the spa. We'll reconvene for dinner together in the evening (B,L,D)

DAY 3: Head Into the Rainforest and Learn about Conservation

Today, we'll hit the road and make the roughly four hour drive down to the lush Savegre region of Costa Rica. Known for its verdant valleys, tropical wildlife and cool rivers, we'll base ourselves here for the next two nights from the comfort of Rafiki Tented Safari Lodge. Nestled on 842 private acres of pristine Costa Rican jungle, the lodge boasts eco tents similar to what you'll find in the African savannah. Each tent boasts a veranda overlooking the dense jungle canopy.

After settling-in, we'll learn about the lodge's ecological mission and set off on a hike through the surrounding rainforest. Along the way, we'll set camera traps to record the movement of wildlife along the biological corridor that runs through the area. Of particular importance is tracking the tapir, a large endangered mammal that roams the forests here. The data that is collected from these cameras will directly benefit the Savegre Tapir Project. After setting the cameras, we'll return to the lodge and enjoy dinner under the stars. (B,L,D)

DAY 4: Adventure Day in the Jungle Community Visit & Tree Planting

We'll have an early breakfast then set out on our morning adventure. Choose to either venture out on a whitewater rafting expedition on the Savegre River or relax by the pool at our tented camp. It is up to you! Later in the morning, we'll reconvene and head into the nearby community of Santo Domingo for a special lunch with Dona Edith. We'll









take a walk around her garden before sitting down for a home-cooked local meal together. Learn about life in this rural Costa Rican community and try some of the famous dishes Costa Rica is known for. On our way back to our lodge, we'll take a walk through the town to feel the rhythms of day-to-day life.

Take some time to relax on the veranda of your tent before heading down to the river to help out on an important environmental project. The Savegre River, which runs right through the property, is prone to flooding which can destroy some of the local flora and fauna in the area. We'll help solve this issue by planting native trees to create a natural barrier along the banks of the river - a project that will surely outlast your visit.

Later in the evening, enjoy a relaxing dinner together listening to the sounds the rain forest. (B,L,D)

DAY 5: Collect our Camera Traps, Visit a Local School, and Head to the Beach

After breakfast, we'll have some time to relax and pack up before hitting the road down to the Pacific Coast. On our way out, we'll make one last stop at a local high school for a dance performance, tour of the school, and homemade snacks to learn more about those who call the region home.

Take in the views of mountains as we wind our way down to the coast on the roughly two hour drive. The southern Pacific coast of Costa Rica is a gem - home to pristine beaches, monkeys jumping through the trees and the relaxed "Pura Vida" lifestyle. Our base over the next three nights, a 4-star boutique resort & spa set on the hillside overlooking the coast, will put us in a prime location to explore this stunning stretch of coast.

We'll settle into our rooms and share an ocean-view lunch together. We'll then head down to the beach for some free time to swim, spot monkeys and take in the sun. Head back to the hotel later in the afternoon for dinner at your leisure. (*B,L*)

Distinctive Accommodations

Start your trip at **Xandari Resort & Spa**, an incredible 4-star property nestled on a 40-acre plantation surrounded by lush gardens and five natural waterfalls to explore just outside your doorstep. Enjoy your own spacious villa, three pools (including a "sunset" pool), a yoga studio, spa, and more, promising you a responsible way of seeing the world with sustainability underlining the resort's every effort.

As you head down to the Savegre Region, stay at **Rafiki Safari Lodge**, an 843 private acre reserve along the Savegre River. Each luxury tent sits on a raised hardwood platform, has a deluxe bathroom with heated showers, and a private porch with rocking chairs overlooking the valley. Beyond just your tent, enjoy home cooked meals each night, making for an unforgettable experience.

Finally, end your Costa Rican adventure at **Hotel Cristal Ballena**, a beautiful 4-star boutique hotel embedded on a hill between the Pacific Ocean and rainforest-covered mountains. With breathtaking views, luxurious amenities, and a sustainable model, this is the perfect place to end your stay.



DAY 6: Journey to the Terraba Sierpe Mangroves

Today we'll make our way into one of the most unique places on the planet - the Terraba Sierpe Mangroves. Rise early, have breakfast and venture down the winding coastal road to the mangroves adjacent to Corcovado National Park. We'll hop in a boat and journey through the calm waterways alongside our experienced captain. For three hours, we'll wind the through the intricate mangrove wetlands, one of the largest and best preserved in all of Central America From monkeys to macaws, the area is teeming with life (and very little human development). We'll accompany our naturalist guide on the journey through the jungle on a mission to spot wildlife and learn all about nature and conservation. Look high in the trees for sloths, watch monkeys swing along the canopy, pick out the colorful birds that dot the sky and take in the breathtaking views along the way.

Later in the afternoon, we'll make our way back through the mangroves by boat and onwards to the hotel for a relaxing evening dinner together. (B,L,D)

DAY 7: Enjoy a Day at the Beach

Today will be a relaxing day to take in the tropical beaches and warm Pacific waters of the Costa Rican coast. After breakfast, choose to head down to the beach with our guide or venture off on an exciting adventure activity hosted by our hotel (at your own expense) - a morning zip-lining through the jungle. For those that want to join our guide for the day, we'll have free time to relax on the beach followed by a walk out to the "whale tail" at low tide to spot sea creatures.

Tonight, we'll enjoy a warm Costa Rican evening together enjoying our final farewell dinner. (B,D)

DAY 8: Return Home

We'll rise early this morning to have breakfast before hitting the road on our roughly four hour journey back to San Jose for our flights home. (B)

"I visited this area of Costa Rica as a child many years ago and even stayed at one of lodges that Discover Corps includes in the itinerary, so I was excited to go back. This area was just as I remembered it - very untouched and pristine with the jungle on one side and the beach on the other. To be able to feel connected through conservation projects was something fun for the children in the group as well as educational and eye-opening for us all. I could not have done this on my own and could not have asked for a better experience. A truly perfect mix of relaxation, adventure, and local connection!" - Adrienne T.

COSTA RICA: ECO RAINFOREST ADVENTURE

8 DAYS / 7 NIGHTS

DATE	ADULT	CHILD
December 1-8, 2023	\$4,595	\$4,295
January 19-26, 2024	\$4,595	\$4,295
February 16-23, 2024	\$4,595	\$4,295
March 15-22, 2024	\$4,595	\$4,295
June 14-21, 2024	\$4,595	\$4,295
June 28-July 5, 2024	\$4,595	\$4,295
August 2-9, 2024	\$4,595	\$4,295
October 11-18, 2024	\$4,595	\$4,295
Nov 29-Dec 6, 2024	\$4,595	\$4,295

The above prices reflect the price of double occupancy. Single Room Supplements are \$995 per person. You are required to pay this SRS fee if we are unable to find you a suitable roommate.

WHAT'S INCLUDED

- Double-occupancy lodging for 7 nights
- All meals except for one dinner and one lunch
- English-speaking local guides that are there to support, guide, and inform you throughout the trip
- Reliable in-country transportation with experienced drivers.
- All transportation including public transportation
- Admissions and entrance fees to national parks, historic sites and other scheduled events throughout the trip
- All land and water transportation during the trip
- \$50,000 emergency medical evacuation insurance
- Turnkey customer support from preparing for your trip to arrival back home

WHAT'S NOT INCLUDED

- All alcoholic beverages
- International airfare
- One lunch and one dinner
- Optional adventure supplement on Day 7 (Ziplining)
- Tips for Discover Corps guide and driver
- Laundry services, phone, and Internet services

RESERVE YOUR TRIP TODAY

Trips are limited to 12 travelers and do fill. Reserving a trip with Discover Corps is easy. Simply visit our website and fill out the online registration form and pay a \$365 deposit and \$30 non-refundable booking fee per person. If you have any questions or would like to speak to a Travel Specialist, call/text us at (619) 758-3030 or e-mail us at info@discovercorps.com

RETURNING ALUMNI?

We like to reward those who travel with us again and again. Enjoy a \$250 discount off our trip if you are a returning Discover Corps traveler.

CUSTOM GROUPS?

Have a group of 6 or more? We can operate a trip for your group. Whether it's a family reunion, corporate group, alumni association or a professional or student organization, we'll make it easy and turnkey for your group to have an incredible experience.

MONTHLY PAYMENT PLANS AVAILABLE

Discover Corps offers monthly payment plan options for all of our trips. Contact us anytime, before or after booking, to sign up for a monthly payment plan or with any questions:

Call/Text: 619-758-3030 Email: info@discovercorps.com

THE FINE PRINT

Child prices apply to those 16 years younger sharing a room with an adult

Although unlikely, prices, dates, and accommodations subject to change with a 60 day notice from Discover Corps.

(B, L, D): Breakfast, Lunch Dinner

Dates don't work? Contact us about adding a new date for the trip.

Our Mission



The mission of Discover Corps is to inspire travelers to become advocates for our planet's natural wonders, cultural treasures, and local communities through immersive and sustainable travel experiences.

OUR DESTINATIONS

ALASKA

AUSTRALIA

BELIZE

BHUTAN

COSTA RICA

CUBA

DOMINICAN REPUBLIC

EGYPT

GALÁPAGOS ISLANDS

JAPAN

KENYA

MEXICO

PERU

SOUTH AFRICA

TANZANIA

THAILAND

UGANDA



FAMILY FRIENDLY • SMALL GROUPS • POSITIVE LOCAL IMPACT • DISTINCTIVE LODGING • HANDPICKED GUIDES



Visit **discovercorps.com/register** to place a \$395 deposit down to hold your space, or reach out to us at the contact information below with questions.

+1.619.758.3030 • www.discovercorps.com • info@discovercorps.com